

## **Presentations by recipients of Student Bursaries 11<sup>th</sup> December 2007.**

The names of the students who had won the Cardiff Medical Society prize for best results at Finals were announced by the President, Dr Freedman. There were 2 joint winners this year – Dr Julia Hanwell and Dr Sinan Eccles. Dr Eccles was present at the meeting and he was presented with a cheque and medal by Dr Freedman. Dr Hanwell was working in Haverfordwest and was unable to attend the meeting and a cheque and medal will be sent to her.

This was followed by presentations by 3 students who were recipients of Cardiff Medical Society Travel Bursaries.

### **1. Clare Morkane – Medicine in Rural India**

Clare's elective involved a rotation around 3 different locations – a rural clinic in the village location of Than Goan, a government run missionary hospital in Mussorie and a private run clinic. As India and South Asia have higher rates of undernutrition than any other region in the world she undertook a study into nutritional status. She used a pre validated Nestle Mini Nutritional Assessment (MNA) Tool. There was an initial screening test (initial screening showed that 35% of patients were at risk of malnutrition) followed by a full nutritional assessment. 49% had a normal BMI, 23% were underweight and 28% overweight. As well as the differences in medical practices she also appreciated the huge cultural differences compared to the UK and commented in particular on the controversial practices of witch doctors and the differences in perception of women in Indian society.

### **2. Lawrie Kidd – “From Cardiff to Cape Town”**

The elective was based at The Red Cross War Memorial Children's Hospital. There were 3 reasons for this choice – an interest in Paediatrics, the reputation of the hospital for emergency medicine and finally that Lawrie's mother was from Capetown originally. Lawrie joined South African Students for 1 week of introductory lectures before starting ward work in the second week. He noticed a major difference as a student in South

Africa – he felt that his role in the UK was more observational, whilst in South Africa students had greater responsibilities not only in clerking patients but also in planning their treatment. There were also more opportunities to perform practical procedures.

He spent time on the trauma unit and carried out a buckle fracture audit. He collected information on every traumatic arm injury seen at The Red Cross Hospital in the previous 12